

ST. CHARLES BORROMEO BOBCAT CAFÉ MENU SEPTEMBER 2017



*= Baked

WG=Whole Grain Ingredients

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sec	temb			
Ser	stemb			1
Ser	temb			
Ser	stemb			EARLY RELEASE
	man	-		
				NO CAFÉ SERVICE
	I			
-				
4	5	6	7	8
	HOT LUNCH	HOT LUNCH	HOT LUNCH	HOT LUNCH
	Soft Pretzels with Cheese, WG	Golden Grilled Cheese, WG	*Pancake & Sausage on Stick, WG	BELLACINO'S CHEESE OR Bellace
NO SCHOOL	Baby Carrots	Fresh Vegetables w/dip	Syrup	CHEESE OIL
	Light Ranch Dressing	Applesauce	Tator Coins	SAUSAGE PIZZA
	Fresh Fruit/Seasonal	Vanilla Ice Cream	Orange Half	TOSSED SALAD
	Rice Krispies Treat	Milk, Fat Free	Milk, Fat Free	FRESH FRUIT/SEASONAL
	Milk, Fat Free	CDAD NI CO	CDAD N CO	MILK, FAT FREE
	GRAB-N-GO Rologna & Chaosa Sandwich	GRAB-N-GO	GRAB-N-GO	GRAB-N-GO
	Bologna & Cheese Sandwich *Potato Chips	BLT Sandwich Mini Twist Pretzels	Cheerios, WG with Milk Banana	Bagel & Cream Cheese Fresh Fruit/Seasonal
inini.	Fresh Fruit/Seasonal	Fresh Fruit/Seasonal	Low fat Yogurt	Yogurt
- 800/10.000000000	Oreo Cookies	Chocolate Chip Cookie	*Homemade Muffin Treat	Raisins
	Milk, Fat Free	Milk, Fat Free	Milk, Fat Free	Milk, Fat Free
	Chicken Noodle Soup	Chicken Noodle Soup	Vegetable Soup	Broccoli Cheese Soup
	Garden Salad	Garden Salad	italian Salad	Garden Salad
11	12	13	14	15
HOT LUNCH	HOT LUNCH	HOT LUNCH	HOT LUNCH	HOT LUNCH
*Toasted Ravioli	Hot Dog on WG Bun	Macho Nachos, WG	BREAKFAST FOR LUNCH!	BELLACINO'S
Green Beans	*French Fries with Ketchup	Shredded Lettuce & Tomato	*Waffle with Syrup	CHEESE OR Bellace
Mandarin Oranges	Fresh Fruit	Fresh Fruit/Seasonal	*Sausage Patty	PEPPERONI PIZZA
*Chocolate Chip Cookie	Fresh Veggies	100% Fruit Juice Bar	Peaches	TOSSED SALAD
Milk, Fat Free	Lite Ranch Dressing	Milk, Fat Free	Strawberry Yogurt Cup	FRESH FRUIT/SEASONAL
·	Milk, Fat Free	,	Milk, Fat Free	MILK, FAT FREE
GRAB-N-GO	GRAB-N-GO	GRAB-N-GO	GRAB-N-GO	GRAB-N-GO
Turkey & American Cheese Wrap	BLT Sandwich	Chicken Wrap/Chopped Lettuce	Cheerios, WG with Milk	Bagel & Cream Cheese
Raisins	Mini Twist Pretzels	Light Ranch Dressing	Banana	Fresh Fruit/Seasonal
Baby Carrots with Lite Ranch	Fresh Fruit/Seasonal	Chocolate Chip Cookie	Low fat Yogurt	Yogurt
Jell-O	Chocolate Chip Cookie	Fresh Fruit/Seasonal	*Homemade Muffin Treat	Raisins
Milk, Fat Free	Milk, Fat Free	Milk, Fat Free	Milk, Fat Free	Milk, Fat Free
Chicken Tortilla Soup	Chicken Noodle Soup	Chicken Noodle Soup	Vegetable Soup	Broccoli Cheese Soup
Caesar Salad	Garden Salad	Garden Salad	Italian Salad	Garden Salad
18	19	20	21	22
HOT LUNCH	HOT LUNCH	HOT LUNCH	HOT LUNCH	HOT LUNCH
*Jumbo Corn Dog	Sponge Bob Day Crabby Botty	*Lasagna with Meat Sauce	BREAKFAST FOR LUNCH!	BELLACINO'S Bella
Fresh Cooked Carrots	Crabby Patty	*Fresh Breadsticks	*French Toast Sticks	CHEESE OR
Applesauce	Coral Fries	Tossed Salad	Syrup	SAUSAGE PIZZA
Chocolate Chip Cookie	Squid Salad Ocean Blue Breeze (Blue Jell-O)	Lite Ranch Dressing	Sausage	TOSSED SALAD
Milk, Fat Free	Patrick Milk	Fresh Fruit/Seasonal	*Triangle Hash Brown Fresh Fruit/Seasonal	FRESH FRUIT/SEASONAL
	I GUICK WIIIK	Milk, Fat Free	· ·	MILK, FAT FREE
CDAR NI CO	CRAP N.CO	CDAR N. CO	Milk, Fat Free	CDAP N CO
GRAB-N-GO	GRAB-N-GO String Cheese Sticks & Crackers	GRAB-N-GO Bologna & Cheese Sandwich	GRAB-N-GO Cheerios. WG with Milk	GRAB-N-GO
Ham & Cheese on Bagel *Cheddar Goldfish, WG	Veggies & Dip	Bologna & Cheese Sandwich *Potato Chips	Banana	Bagel & Cream Cheese Fresh Fruit/Seasonal
Applesauce	Fresh Fruit/Seasonal	Fresh Fruit/Seasonal	Low fat Yogurt	Yogurt
*Teddy Grahams	Yogurt	Oreo Cookies	*Homemade Muffin Treat	Raisins
Milk, Fat Free	Milk, Fat Free	Milk, Fat Free	Milk, Fat Free	Milk, Fat Free
Chicken Tortilla Soup	Chicken Noodle Soup	Chicken Noodle Soup	Vegetable Soup	Broccoli Cheese Soup
Caesar Salad	Garden Salad	Garden Salad	Italian Salad	Garden Salad
	26	27	28	29
25	HOT LUNCH	HOT LUNCH	HOT LUNCH	HOT LUNCH
25 HOT LUNCH	*Bosco Stick	*Lasagna with Meat Sauce	BREAKFAST FOR LUNCH!	BELLACINO'S
HOT LUNCH Cheeseburger on WG Bun		*Fresh Breadsticks	*Pancake with Syrup	CHEESE OR Bellacing
HOT LUNCH	Spaghetti Sauce	Tossed Salad	*Sausage Patty	PEPPERONI PIZZA
HOT LUNCH Cheeseburger on WG Bun	Spaghetti Sauce Mixed Vegetables	Lite Ranch Dressing	Fresh Fruit/Seasonal	
HOT LUNCH Cheeseburger on WG Bun Baby Carrots	, •	Lite Nation Diessing		TOSSED SALAD
HOT LUNCH Cheeseburger on WG Bun Baby Carrots Jell-O	Mixed Vegetables	Fresh Fruit/Seasonal	Yogurt	TOSSED SALAD FRESH FRUIT/SEASONAL
HOT LUNCH Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal	Mixed Vegetables Fruit Cocktail		Yogurt Milk, Fat Free	
HOT LUNCH Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal	Mixed Vegetables Fruit Cocktail 100% Fruit Juice Bar	Fresh Fruit/Seasonal	-	FRESH FRUIT/SEASONAL
HOT LUNCH Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free	Mixed Vegetables Fruit Cocktail 100% Fruit Juice Bar Milk, Fat Free	Fresh Fruit/Seasonal Milk, Fat Free	Milk, Fat Free	FRESH FRUIT/SEASONAL MILK, FAT FREE
HOT LUNCH Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free GRAB-N-GO	Mixed Vegetables Fruit Cocktail 100% Fruit Juice Bar Milk, Fat Free GRAB-N-GO	Fresh Fruit/Seasonal Milk, Fat Free GRAB-N-GO	Milk, Fat Free GRAB-N-GO	FRESH FRUIT/SEASONAL MILK, FAT FREE GRAB-N-GO
HOT LUNCH Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free GRAB-N-GO Chicken Caesar Wrap	Mixed Vegetables Fruit Cocktail 100% Fruit Juice Bar Milk, Fat Free GRAB-N-GO Salami & Cheese Sandwich	Fresh Fruit/Seasonal Milk, Fat Free GRAB-N-GO BLT Sandwich	Milk, Fat Free GRAB-N-GO Cheerios, WG with Milk	FRESH FRUIT/SEASONAL MILK, FAT FREE GRAB-N-GO Bagel & Cream Cheese
HOT LUNCH Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free GRAB-N-GO Chicken Caesar Wrap Baby Carrots	Mixed Vegetables Fruit Cocktail 100% Fruit Juice Bar Milk, Fat Free GRAB-N-GO Salami & Cheese Sandwich Baked Potato Chips	Fresh Fruit/Seasonal Milk, Fat Free GRAB-N-GO BLT Sandwich Mini Twist Pretzels	Milk, Fat Free GRAB-N-GO Cheerios, WG with Milk Banana	FRESH FRUIT/SEASONAL MILK, FAT FREE GRAB-N-GO Bagel & Cream Cheese Fresh Fruit/Seasonal
HOT LUNCH Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free GRAB-N-GO Chicken Caesar Wrap Baby Carrots Light Ranch Dressing	Mixed Vegetables Fruit Cocktail 100% Fruit Juice Bar Milk, Fat Free GRAB-N-GO Salami & Cheese Sandwich Baked Potato Chips Fresh Fruit/Seasonal	Fresh Fruit/Seasonal Milk, Fat Free GRAB-N-GO BLT Sandwich Mini Twist Pretzels Fresh Fruit/Seasonal	Milk, Fat Free GRAB-N-GO Cheerios, WG with Milk Banana Low fat Yogurt	FRESH FRUIT/SEASONAL MILK, FAT FREE GRAB-N-GO Bagel & Cream Cheese Fresh Fruit/Seasonal Yogurt
HOT LUNCH Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free GRAB-N-GO Chicken Caesar Wrap Baby Carrots Light Ranch Dressing Fresh Fruit/Seasonal	Mixed Vegetables Fruit Cocktail 100% Fruit Juice Bar Milk, Fat Free GRAB-N-GO Salami & Cheese Sandwich Baked Potato Chips Fresh Fruit/Seasonal Mini Rice Krispies Treat	Fresh Fruit/Seasonal Milk, Fat Free GRAB-N-GO BLT Sandwich Mini Twist Pretzels Fresh Fruit/Seasonal Chocolate Chip Cookie	Milk, Fat Free GRAB-N-GO Cheerios, WG with Milk Banana Low fat Yogurt *Homemade Muffin Treat	FRESH FRUIT/SEASONAL MILK, FAT FREE GRAB-N-GO Bagel & Cream Cheese Fresh Fruit/Seasonal Yogurt Raisins
HOT LUNCH Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free GRAB-N-GO Chicken Caesar Wrap Baby Carrots Light Ranch Dressing Fresh Fruit/Seasonal Chocolate Brownie	Mixed Vegetables Fruit Cocktail 100% Fruit Juice Bar Milk, Fat Free GRAB-N-GO Salami & Cheese Sandwich Baked Potato Chips Fresh Fruit/Seasonal Mini Rice Krispies Treat	Fresh Fruit/Seasonal Milk, Fat Free GRAB-N-GO BLT Sandwich Mini Twist Pretzels Fresh Fruit/Seasonal Chocolate Chip Cookie	Milk, Fat Free GRAB-N-GO Cheerios, WG with Milk Banana Low fat Yogurt *Homemade Muffin Treat	FRESH FRUIT/SEASONAL MILK, FAT FREE GRAB-N-GO Bagel & Cream Cheese Fresh Fruit/Seasonal Yogurt Raisins



